**2025 Echocardiography Learning Academy**

**January 2, 2025**

**12:00 PM – 1:00 PM**

**Sentara Norfolk General Hospital**

**Specialties**

Cardiology

**Educational Objectives**

After participating in this regularly scheduled series, participants should be able to:

1 Identify the causes, risk factors, and impact of WRMSDs in the sonography profession.

2 Demonstrate proper ergonomic techniques and posture adjustments to minimize the risk of WRMSDs.

3 Implement injury prevention strategies, including workplace modifications and home exercise programs.

**Accreditation**

Sentara Health is accredited by the Southern States CME Collaborative to provide continuing medical education for physicians.

Sentara designates this Live Activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)TM*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Physicians may claim up to 1.00 credits in Type 1 or Type 2 CME on the Virginia Board of Medicine Continued Competency and Assessment Form required for the renewal of an active medical license.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 1.00 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn credit toward the CME requirements of the American Board of Surgery's Continuous Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.

**Acknowledgement of Educational Grant and/or Commercial Support**

None

**HIPAA**

Please comply with the requirements to protect health information under the Health Insurance Portability & Accountability Act of 1996 (HIPAA).

### Mitigation of Relevant Financial Relationships

Sentara adheres to the ACCME’s Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CME activity, including faculty, planners, reviewers or others are required to disclose all relevant financial relationships with ineligible companies.

All relevant financial disclosures with ineligible companies have been mitigated prior to the commencement of the activity.

The following relationships have been reported for this activity:

|  |  |  |
| --- | --- | --- |
| **Name of individual** | **Individual's role in activity** | **Nature of Relationship(s) / Name of Ineligible Company(s)** |
| Sanjay Shah, MD | Course Director | Nothing to disclose - 09/10/2024 |
| Wendy Freeman, BS | Activity Coordinator | Nothing to disclose - 11/27/2024 |

None of the other faculty, planners, or reviewers for this educational activity have relevant financial relationship(s) to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.