



**2025 Sentara Community Care Provider Series**  
**2025 Sentara Community Care Clinics Endocrinology Update-Diabetes**  
**November 19, 2025**  
**12:30 PM – 1:30 PM**  
**Sentara Corporate**

**Specialties**

Primary Care

**Educational Objectives**

After participating in this regularly scheduled series, participants should be able to:

- 1 Recognize non-medication interventions and supports to improve health in people with diabetes.
- 2 Identify patients who would benefit most from continuous glucose monitoring.
- 3 Locate and access cost-saving programs for diabetes medications.
- 4 Conduct initial evaluation when type 1 diabetes is suspected.

**Accreditation**

Sentara Health is accredited by the Southern States CME Collaborative to provide continuing medical education for physicians.

Sentara designates this activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*<sup>TM</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Physicians may claim up to 1.00 credits in Type 1 or Type 2 CME on the Virginia Board of Medicine Continued Competency and Assessment Form required for the renewal of an active medical license.

**Acknowledgement of Educational Grant and/or Commercial Support**

None

**HIPAA**

Please comply with the requirements to protect health information under the Health Insurance Portability & Accountability Act of 1996 (HIPAA).



### Mitigation of Relevant Financial Relationships

Sentara adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CME activity, including faculty, planners, reviewers or others are required to disclose all relevant financial relationships with ineligible companies.

All relevant financial disclosures with ineligible companies have been mitigated prior to the commencement of the activity.

The following relationships have been reported for this activity:

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Beth Allen	Faculty	Nothing to disclose - 07/09/2025
Cathryn Ashe, Practice Manager	Activity Coordinator	Nothing to disclose - 11/04/2025
Michael G Charles, MD	Course Director	Nothing to disclose - 11/11/2025
Kara Hawkins, MD	Faculty	Nothing to disclose - 11/18/2025
Suzanne Nadal, BS	Other Planning Committee Member	Nothing to disclose - 11/04/2025
LaTonya D Russell, MD, MPH	Co-Director	Nothing to disclose - 10/20/2025

None of the other faculty, planners, or reviewers for this educational activity have relevant financial relationship(s) to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

For more information, please contact  
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