Diabetes – Is It Truly Resolved?

Code selection depends completely on whether or not the patient has complications from the Diabetes that pre-existed the resolution of the DM

AHA Coding Clinic for ICD Detail

Article Detail

Year: 2020
Issue: First Quarter
Title: Diabetic Manifestations Following Weight Loss Surgery, p 12
Body: Volume 7   First Quarter
Number 1   2020, Page 12

Diabetic Manifestations Following Weight Loss Surgery

Question:
A patient underwent bariatric surgery due to morbid obesity, hypertension and type 2 diabetes mellitus. Because of the surgery, the patient had lost a significant amount of weight. The provider documented that the patient was no longer diabetic or hypertensive and discontinued medication. There are no documented manifestations of these conditions in the health record. Would it be appropriate to code these conditions when the provider states "history of" or "resolved"?

Answer:
Assign codes Z86.39, Personal history of other endocrine, nutritional and metabolic disease, and Z86.79, Personal history of other diseases of circulatory system, when the provider has documented these conditions are resolved and there are no manifestations of diabetes or hypertension. "History of" can have two different meanings (e.g., chronic condition or the condition no longer exists). In this case, history codes are assigned because the provider has documented that diabetes and hypertension have resolved and are no longer being treated (medication was discontinued). If the documentation is not clear whether the patient still has the condition, query the provider for clarification.

New codes contained in this issue effective with discharges April 1, 2020. Other coding advice or code assignments contained in this issue effective March 5, 2020.

Normal glucose levels without pharmacotherapy for 1 year and DM complications pre-existed resolution of DM

Code DM with complications

AHA Coding Clinic for ICD Detail

Article Detail

Year: 2020
Issue: First Quarter
Title: History of Diabetes Mellitus and Hypertension, p 12
Body: Volume 7   First Quarter
Number 1   2020, Page 12

History of (Resolved) Diabetes Mellitus and Hypertension

Question:
A patient with a long-standing history of type 2 diabetic polyneuropathy underwent bariatric surgery. The patient no longer requires medication for the diabetes secondary to the significant weight loss, and in fact, the physician documents that the diabetes has resolved. The patient has now developed an ulceration of the right foot with acute osteomyelitis secondary to diabetic polyneuropathy. Would these conditions still be coded as diabetic complications?

Answer:
Assign codes E11.42, Type 2 diabetes mellitus with diabetic polyneuropathy; E11.69, Type 2 diabetes mellitus with other specified complication; E11.621, Type 2 diabetes mellitus with foot ulcer; M86.171, Other acute osteomyelitis, right ankle and foot; and L97.511, Non-pressure chronic ulcer of other part of right foot limited to breakdown of skin. Assign also code Z98.84, Bariatric surgery status, for the post status weight loss surgery.

The patient still has complications associated with the diabetes, even though glucose levels have normalized. Codes from category E11, Type 2 diabetes mellitus are required to capture the diabetic manifestations.

New codes contained in this issue effective with discharges April 1, 2020. Other coding advice or code assignments contained in this issue effective March 5, 2020.

Normal glucose levels without pharmacotherapy for 1 year and no previous DM complications

Code History of DM

(Z86.39)

Consensus Report: Definition and Interpretation of Remission in Type 2 Diabetes

the Coding Corner

Sentara