

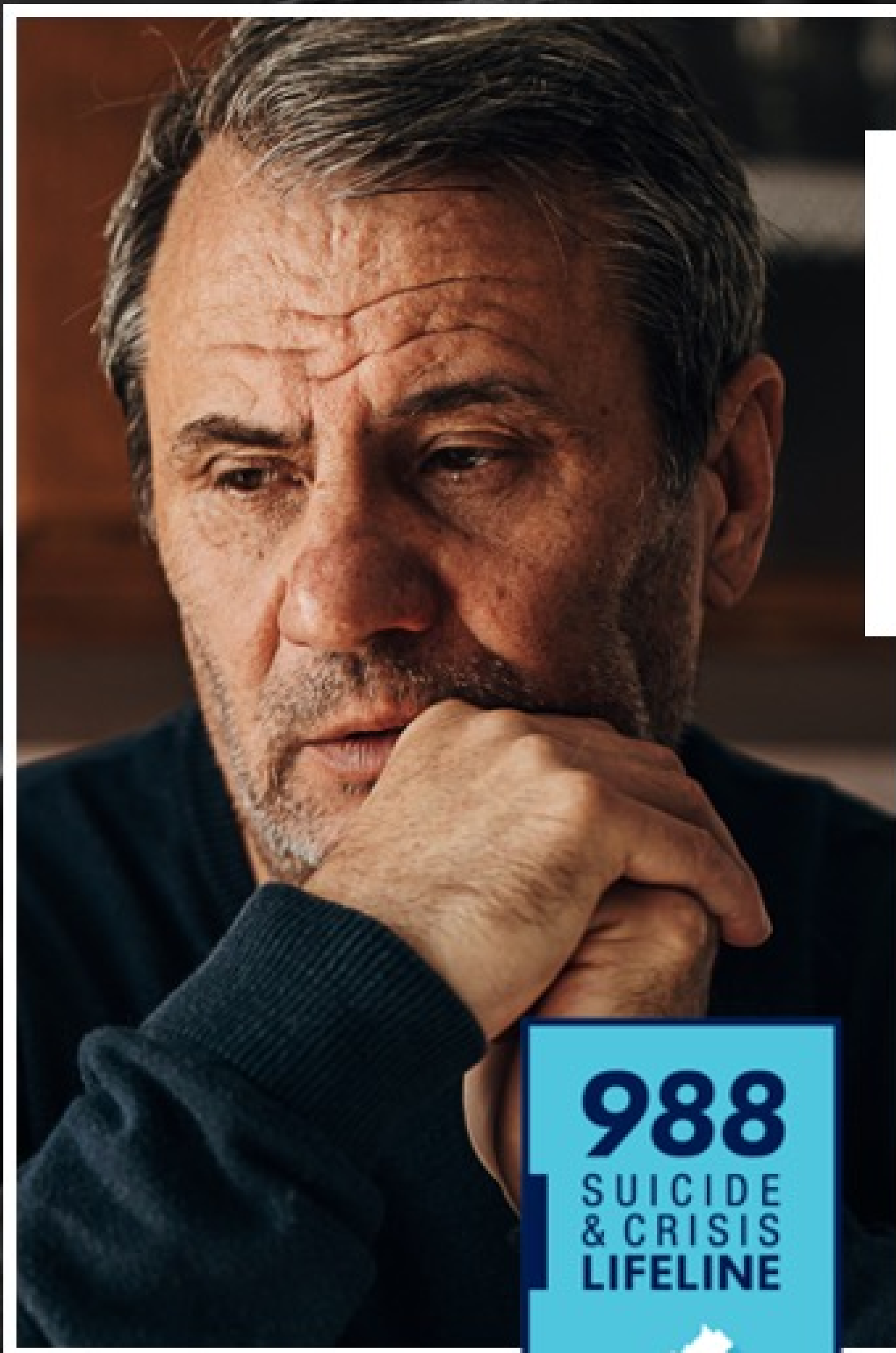
**EMOTIONAL
DISTRESS
IS AN
EMERGENCY.
CALL 988.**

**RIGHT HELP.
RIGHT NOW.**

DBHDS 

Virginia Department of Behavioral Health
and Developmental Services

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988
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LIFELINE



VIRGINIA IS HERE TO HELP.