

Katherine Schaffer MD, MS

Dr. Katherine Schaffer is a third year Emergency Medicine Resident at Eastern Virginia Medical School. Dr. Schaffer received her medical degree in 2022 and her masters in 2018 at EVMS. She has worked with underserved populations of Hampton Roads since 2017, providing primary care, mental health, advocacy for housing, food, and access to care. She is the co-facilitator and founder of EVMS Street Health Medical Team and provides on-the-ground medical care to the homeless population in Norfolk. The EVMS Street Health Team earned the "Health Care Hero Award" in 2021 for the innovative telehealth work done during COVID-19. In addition, she is the co-founder and co-facilitator of EVMS Blue Heart Clinic. This clinic provides trauma-informed care to those who have been impacted by domestic violence, human trafficking, and sexual assault. She is also a Community Educator with the Red Flags to Freedom non-profit organization who provides education to multidisciplinary team members (hospital providers, medical students, residents) regarding sexual assault, protocols within the hospital system, and referrals to local resources.