**Behavioral Health Educational Series**

**Dialectical Behavior Therapy (DBT)**

**December 19, 2024**

**12:00 PM – 1:00 PM**

**Systemwide**

 **Target Audience**

Physician, Allied Health Professional, Nurse, Nurse Practitioner, Pharmacist, Physician Assistant, Resident, Student, Non-Physician, Leaders, Fellow, Occupational Therapist

**Specialties**

All Specialties

**Educational Objectives**

After participating in this regularly scheduled series, participants should be able to:

1 Increase awareness regarding DBT skills

2 Identify specific skills that can be utilized as therapeutic interventions

**Accreditation**

Sentara Health is accredited by the Southern States CME Collaborative to provide continuing medical education for physicians.

Sentara designates this Live Activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)TM*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Physicians may claim up to 1.00 credits in Type 1 or Type 2 CME on the Virginia Board of Medicine Continued Competency and Assessment Form required for the renewal of an active medical license.

**Acknowledgement of Educational Grant and/or Commercial Support**

None

**HIPAA**

Please comply with the requirements to protect health information under the Health Insurance Portability & Accountability Act of 1996 (HIPAA).

### Mitigation of Relevant Financial Relationships

Sentara adheres to the ACCME’s Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CME activity, including faculty, planners, reviewers or others are required to disclose all relevant financial relationships with ineligible companies.

All relevant financial disclosures with ineligible companies have been mitigated prior to the commencement of the activity.

The following relationships have been reported for this activity:

|  |  |  |
| --- | --- | --- |
| **Name of individual** | **Individual's role in activity** | **Nature of Relationship(s) / Name of Ineligible Company(s)** |
| Charles K Dunham, MD, FAPA, CPE | Course Director | Nothing to disclose - 08/06/2024 |
| Thomas W Link, MHA, FACHE, CPHQ, CPH | Activity Administrator | Nothing to disclose - 08/06/2024 |
| Tracey Izzard-Everett, LPC | Activity Administrator | Nothing to disclose - 08/07/2024 |
| Jennifer Kratz, LPC | Faculty | Nothing to disclose - 10/30/2024 |

None of the other faculty, planners, or reviewers for this educational activity have relevant financial relationship(s) to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.